



ADHD Parent Support Group

How can I help my child....

stay organized and do homework?
manage their mood and emotions?
handle the change in routine over break?
make and keep new friends?
sleep and eat well?
take his/her medication?

Join us for...

A brief presentation by Beth Shapiro, MA, LICSW and a Partners in Pediatrics pediatrician. Each week will include managing behavior, taking care of yourself while taking care of your child, medication question and answer session as well as alternative medicine options.

Where:

Psychology Consultation Specialists
3300 Fernbrook Lane N, Suite 120
Plymouth, MN 55447

When:

Mondays at 6:30-7:30pm

October 1st
January 14th
April 15th

November 5th
February 4th
May 6th

December 3rd
March 4th
June 3rd

Please call (763) 559-7050 to reserve your spot.
\$10/per family
Space is limited.